

**ADULT INDOOR SOCCER LEAGUE  
RETURN TO PLAY GUIDE 2020-2021**

**MODIFICATIONS FROM THE 2019-2020 SEASON**

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## BACKGROUND

This document provides the modifications to the administration and soccer activities encompassed in the AISL.

The modifications are sourced from the Government of Ontario, governing bodies for sport (Canada Soccer, Ontario Soccer, EODSA, Carleton Place SC), the Township of Beckwith, the local health unit, and from the AISL.

All modifications are made to curb the spread of COVID-19.

We look forward to a safe and healthy return to play.

## COVID-19 PRECAUTIONS

### COVID-19 SELF-ASSESSMENT AND TRACING

- Players, coaches, and match officials must complete [Government of Ontario COVID-19 Self-assessment](#) before going to the pitch for any game.
- Do not attend if you are presenting symptoms of COVID-19.
- Team contact advises league within 24h of match of team attendees (noting absentee players, absentee coaches, and call-up players).
- If any players test positive for COVID-19, they must notify league convenors immediately.
- AISL will follow the Ontario Soccer/Carleton Place SC Emergency Response Plan for any players testing positive for COVID-19, as found in the [Ontario Soccer Return to Play Guide](#). The response plan includes immediate contact with both the Township of Beckwith and Carleton Place Soccer Club.

### SPECTATORS AND CHILDREN

- Only registered players, registered team staff, match officials, league administrators, and facility staff may be present.
- Spectators are not to enter the facility.
- Players bringing their children with them to the facility will not be allowed entry (if entry is gained, you will be asked to leave).

### FACILITY

- The facility will provide a hand sanitizing station at entry to the facility.
- The bathrooms in the changeroom are available for handwashing.

### WEARING A MASK

- Wearing a mask is **MANDATORY** to gain entry to the facility.
- While players and match officials (using electronic whistle) are encouraged to wear a mask while participating in soccer activities (warm-up, the game, as a substitute on the touch line, and for cool-down), it is **NOT MANDATORY** for players or match officials to wear a mask while participating in soccer activities.

## ARRIVAL TO AND EXIT OF FACILITY

### **ARRIVAL CRITERIA:**

- Do not enter facility more than 10 minutes before your scheduled kick-off.
- Enter through door on the north end of the east side of the building/soccer pitch.
- Sanitize hands upon arrival at the facility's hand sanitizer station.
- Arrive in kit.
- Change into soccer footwear on the black floored common area within the confines of the dome.
- Take personal belongings (bags / coats / outdoor footwear) to own team's touch line.
- The change rooms are to only be used for the purpose of a washroom - not used for changing into kit.

### **DEPARTURE CRITERIA:**

- Complete a short cool down (optional)
- Gather personal belongings from own team's touch line
- Change into outdoor footwear.
- Exit the building within 5 minutes of the final whistle.
- Exit through door on the north end of the east side of the building/soccer pitch.
- Self-sanitize after leaving.

## PLAYER REGISTRATION

### REGISTRATION FEE STRUCTURE:

- Team registration fee is \$1200 (\$1061.95 + HST) per team per session
- Individual player registration fee is \$120 (you will be placed on a team - if no team, 100% refund)
- Ontario Soccer insurance fee is \$25 per player, which covers all 3 sessions (not refundable)

### REFUND POLICY:

Refunds are only issued if there is cancellation of a session due to COVID-19 reasons.

- Before session starts: 100% refund
- Before 3rd game is played: 75% refund
- Before 5th game is played: 50% refund
- After game 5 is played: 0% refund

### PLAYER REGISTRATION MINIMUM AGE:

- Coed and Women's Open = 18 (no exceptions)
- Women's 30 = 30 (exceptions may be made)
- Men's OT = 35 (exceptions may be made)

### PLAYING ON OTHER TEAMS / LEAGUES

- Players can only play on 1 AISL team per session.
- Players in the AISL **cannot be registered in any other Ontario Soccer sanctioned indoor league** while being registered in the AISL (Carleton Place SC)
- Players can be a call-up to any team within their 4-team division

### ROSTER CHANGES

- Roster changes can be freely made up until the day before the team's 1st game.
- If Player A is removed from team roster (injury, moves away, no longer wishes to participate, etc.) and replaced by new registrant Player B, Player A is no longer permitted to play in AISL for remainder of the specific session in which they are playing. They are eligible to register and play in the following session.
- No roster changes are permitted after a team's 6<sup>th</sup> game of each session.

## SCHEDULES AND DIVISIONS

The AISL will run 3 sessions:

- Fall (9 weeks, followed by one (1) bye week, acting as a buffer between sessions or to make up a rescheduled game due to inclement weather)
- Winter (9 weeks, followed by one (1) bye week, acting as a buffer between sessions or to make up a rescheduled game due to inclement weather)
- Spring (10 weeks)

Adhering to the Ontario Soccer guidelines of maximum 50 people per training group or division, each division will be comprised of 4 teams of no more than 12 players (48 people total).

The AISL will offer registration for the following 4-team divisions:

- 1 x Women's 30+
- 2 x Women's Open
- 2 x Co-ed
- 2 x Men's OT

Schedules will follow specific criteria:

- Teams will only play against teams within their own 4-team division (no inter-division or cross-over games).
- Teams will play round-robin format 3 times against each opponent.
- In the Spring session, a 1-game playoff will be held using Spring session results for seeding, with KFTPM as tie-breaker in playoff.

Games will have modified rules and laws:

- 22-minute halves
- Teams occupy one entire side of the touch line
- No formal half-time break, teams swap ends
- No coin-toss
- No drop balls
- No heading the ball
- No spitting (expulsion from the game)
- Face-to-face confrontations will be sanctioned at minimum with a caution (yellow card)
- Post-game "display of respect from a distance" encouraged (no handshakes / fist bumps)